

**PLEASE DO READ ALL THE DETAILS BELOW**

**ATHLETE BUBBLE REGULATIONS**

**COVID-19 - MAINTAIN SOCIAL DISTANCING & WEAR A MASK**

**HANDS**

**FACE**

**SPACE**

- 1 On arrival please show gate stewards your **Entry Permit** and bin-liner (which can be disposed of as you exit at the front of the stand)
- 2 **ENTRY - via GATES 3 & 4** situated on the left before reception into the Main Stand. **No entry fee & online programme only.**
- 3 **4 SEATING SECTORS - A / B / C / D** will be used throughout the meeting to ensure one directional flow of movement
- 4 **EXIT -** will be from the front of the Main Stand where you should turn right and leave by Gate 5.
- 5 A Northumberland Team Manager will be available, at the NSAA gazebo, on exit near Gate 5 to answer any questions.
- 6 If your BUBBLE has more than one athlete and you need to move Seating Sector please do so carefully.
- 7 **See programme for your seating allocation.**

TYNE & WEAR COUNTY STAND								
Concourse entry to seats / Toilets								
	Sector A		Sector B		Sector C		Sector D	
	seating		seating		seating		seating	
	9:30am		10:30am		11:30am		12:30am	
officials								officials
rest area	call-up		call-up		call-up		call-up	rest area

← exit towards gate 5

- 8 Every other row in the stand will be blocked off and you should not move to those seats.
- 9 **BUBBLE SEATING ARRANGEMENTS - 2 sitting together / 2 seats empty / 2 sitting together / 2 seats empty / & so on**
- 10 **BRUSH PAST PROTOCOL -** if you need to pass anyone in your row please request them to stand up and then move forward, you should then pass behind them carefully.
- 11 Toilets are available on the concourse and will be managed by stewards according to Stadium Covid regulations.
- 12 Athletes should move into the call-up areas at the front their Sector when requested.
- 13 Athletes must remain at call-up until they are instructed to move by an official.
- 14 **EVERYONE SHOULD WEAR MASKS AT ALL TIMES. ATHLETES MAY REMOVE THEM WHEN COMPETING, except -**
- 15 Officials working in the open arena may remove masks if they wish, and observe social distancing.
- 16 On the Track there are no heats and finals - only single races. Two pre-race run-overs will be allowed at Hurdles.
- 17 On the Field athletes will be given 4 competitive trials following a warm-up at the Lead Official's discretion.
- 18 The Warm-up Area is on the field behind the stadium and can be used before taking a seat in the Main Stand.
- 19 Athletes, particularly 16 to 18 year-olds, are encouraged to take a Covid test (at school) within 48 hours of the competition.
- 20 Please remember to bring your own hand sanitiser.
- 21 **Contact & Trace -** anyone contracting Covid within 7 days of the meeting should contact - [paul.ponton@btinternet.com](mailto:paul.ponton@btinternet.com)
- 22 Track athletes must wear 2 numbers and Field athletes 1 number, each fastened securely with 4 safety pins.
- 23 If an athlete needs **first aid support** then contact the nearest person who has a radio. (14 in use)
- 24 No refreshments will be available, and you are advised to bring your own water if required.
- 25 **Results will be made available online only.**
- 26 In the unlikely event of an **Emergency Vacation** everyone will be requested to assemble on the grass inside the track, moving carefully, not running, and maintaining social distancing as best as is possible, and await further instructions.

**Thank you so much for observing the above regulations, it gives our athletes an opportunity to perform - NSAA**

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